Evolution of X-ray binaries

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Evolution of a binary

- Many stars are in binary systems
- Stellar evolution can be significantly altered due to mass loss and mass transfer
- Binary orbit can expand or shrink considerably during the evolution

- Conservative or non-conservative mass transfer

Conservative mass transfer

• Total mass is conserved

 $- M_{total} = m_1 + m_2 = \text{constant}$

• Total angular moment is conserved

- Consider only J_{orbit} as $J_{spin} << J_{orbit}$

- Then one can proof that $\frac{\dot{P}}{P} = \frac{3\dot{m}_1(m_1 m_2)}{m_1 m_2}$
- If more massive star transfers mass

 $- dm_1/dt < 0$ and $m_1 > m_2$

- Then P and a decreases until masses become equal for minimum P and a → runaway Roche-lobe mass transfer!
- If mass transfer continues, then orbit expands again

Non-conservative mass transfer

- General case
- What happens if either mass or angular moment are not conserved?
 - Mass is not conserved when
 - Mass transfer and loss through stellar wind
 - Very rapid Roche-lobe overflow
 - Receiving star cannot accrete all mass and mass is loss through L_2 point
 - Angular moment is not conserved when
 - Magnetic braking through stellar wind
 - Wind is forced to co-rotate at large distance with the rotation of the star

• E.g., wind from primary escapes system

• $dm_1/dt < 0$, and $dm_2/dt = 0$,

$$\Rightarrow \frac{\dot{P}}{P} = \frac{-2\dot{m}_1}{m_1 + m_2}$$

• General case for mass transfer in circular orbits

$$\Rightarrow \frac{\dot{P}}{P} = -\frac{2\dot{m}}{(m_1 + m_2)} - \frac{3\dot{m}_2(m_1 - m_2)}{m_1 m_2} + 3K$$

- With KJ the change in angular moment
- Conservative mass transfer: $\dot{m} = K = 0$ and $\dot{m}_1 = -\dot{m}_2$
- Stellar wind loss case: $\dot{m}_2 = K = 0$ and $\dot{m} = \dot{m}_1$

Evolution of a binary

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- Evolution of a massive binary
 - Both stars are of O or B spectral type



Runaway star zeta Ophiuchi (09.5V)



Be/X-ray transients











Class of highly obscured systems Neutron star embedded in outer atmosphere of companion star Highly absorbed and best seen at high energies (>5-10 keV)

Supergiant fast X-ray transients

Supergiant companion Highly fluctuating stellar wind density (clumpy?) Highly variable X-ray luminosity → fast transients Some might be periodic transients due to orbit parameters IGRJ18410-0535 (Epic-pn)







Ohlmann et al. 2016



Double neutron star binaries



Periastron precession



Merger







http://www.atnf.csiro.au/news/press /neutron_binary/index.html#animat ions

Credit: John Rowe Animation

Gravitational wave detectors



Ligo





eLISA/NGO

MiniGRAIL



Double black hole binaries

First gravitational wave detection! https://www.ligo.caltech.edu/video/ligo20160211v4







Evolution of a binary

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- Stellar evolution can be significantly altered due to mass loss and mass transfer
- Binary orbit can expand or shrink considerably during the evolution
 - Conservative or non-conservative mass transfer
- Evolution of a massive binary
 - Both stars are of O or B spectral type
- Evolution of low-mass binaries
 - One star is massive; other low-mass
 - Both stars are low-mass \rightarrow we will not discuss them today





Low-mass X-ray binaries

Roche-lobe overflow Typically normal or white dwarf companion Typically low magnetic field neutron star



Symbiotic X-ray binary



Strong stellar wind from low-mass red giant companion Typically high magnetic field neutron star



Formation of millisecond radio pulsars





- Spin up of star through accretion
- Accretion torque on star is

$$G = \dot{m}R^{2} \left(\Omega_{K}(R) - \Omega_{*} \right) = \dot{m}\sqrt{GMR} \quad \text{if} \quad \Omega_{*} << \Omega_{K} = \sqrt{\frac{GM}{R^{3}}}$$
FKR Angular moment of star

Angular moment of star

• But also

$$G = \frac{dJ}{dt} = \frac{d}{dt} (I\Omega_*) = I\dot{\Omega}_*$$

Moment of inertia of neutron star

Integrate this equation to get Ω_* as a function of accreted mass. Typically, $\Omega_* \sim \Omega_K$ when $\Delta M = 0.1 M$ for a neutron star.

For Eddington accreting sources (~ 10⁻⁸ solar masses/year) this would only take 10⁷ years!

Formation of millisecond radio pulsars







http://www.jb.man.ac.uk/pulsar/Education/Sounds/

"Black widow" pulsars

- Pulsar wind evaporate companion
 - \rightarrow Single millisecond pulsar
 - \rightarrow Planet formation from stellar debris?



Pulsar planets

• PSR B1257+12

- Discovery of planets in 1992
- Mass a few Earth mass
- Orbital periods of 66.6 and 98.2 days



